

ARCHITECTURE FOR WELL BEING

INTRODUCING **9 PRECEPTS** OF
BIOENERGETIC ARCHITECTURE

A Masterclass

facilitator

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www.bioenergetic-architecture.com

'Architecture of Well Being'

INTRODUCING 9 PRECEPTS OF BIOENERGETIC ARCHITECTURE

A synopsis : what to expect from the Masterclass

Spurred by the pandemic, global consciousness has shifted towards 'HOLISTIC WELLBEING' in a big way during recent times. Built environment is now expected to fulfill the needs of physical, mental as well as **energetic well being** of inhabitants. 'Well being' is fast becoming centric to design narratives and this aspect of design has already caught imagination of many architectural studios across the globe.



Bio-energetic Architecture is a multi-disciplinary approach to design spaces that facilitate 'health, happiness and harmony' in the lives of those who inhabit such 'conscious spaces'.

Through 9 Precepts of design, this discipline seamlessly integrates diverse domains like Building Biology, Shape science, Vedic Vaastu and more, with the process of habitat design.

This master class has been designed specially to 'CREATE CURIOSITY' towards this new realm of design!

CLICK HERE TO EXPLORE : www.bioenergetic-architecture.com

More about the Masterclass....

- **DURATION** : Usually session starts with an Audio Visual presentation followed with a short break and another interactive session with discussion on application in project etc. Overall duration : Approx. 2 hrs depending on audience interaction.
- **SCHEDULING**: Studios often prefer to hold these sessions on Saturdays as a part of their initiative for 'on-going learning/ self-development' for their teams. It is recommended to schedule in first half of the day. You may choose a suitable day from options available in this booking link below.
- **REQUIREMENTS**: Sessions just need a AV presentation facility and a room to accommodate all people honoring social distancing norms.
Minimum attendance -15 participants / Maximum – As much the space allows!
- **BOOK** : 'Architecture for Well being: 9 Precepts of Bio-energetic Architecture' – First of it's kind book by Ar. Raman Vig shall also be available for all attendees after the session – at a special price!
- **MISSION** : Our mission is to promote 'HOLISTIC WELLBEING' so people can live there 'best versions' each day thereby enhancing their productivity and efficiency spontaneously.
 - *This masterclass is offered to schools & offices/design studios & colleges/institutions as a part of our mission to enhance Health Happiness and Harmony amongst people through design and lifestyle choices .*
 - *In reciprocation, we gracefully accept contributions (upto) 10800/- per session from our hosts towards supporting our mission.*
 - *However a curious audience is always more important for us than the contribution amount so it is never allowed to become a limiting factor!*
- **CLICK HERE FOR BOOKING A MASTER CLASS FOR YOUR TEAM :**
<https://forms.gle/sDD1cWnVdHYmZQhL6>

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Glimpses of 'Masterclass sessions' held pan India

@ Schools / Design studios & colleges / Institutions & Corporate offices
Green building forums / Social gatherings and clubs / Meditation retreats



DELHI . COIMBATORE . CHANDIGARH . DEHRADUN . BANGALORE . INDORE & MANY MORE

